

K *Gus's* at Ephrata
KEYSTONE
Family Restaurant

Lunch / Dinner Menu

Home Cooking...
Treat Yourself
to the **BEST!**



3687 Rothsville Road • Ephrata, PA 17522

(717) 738-7381

Appetizers

FRESH FRUIT Bowl 6.99

MOZZARELLA CHEESE STICKS

Served with marinara sauce 5.99

FRIED CALAMARI RINGS

Served with marinara sauce 9.99

BROCCOLI & CHEESE POPPERS

Batter dipped and deep fried and served with ranch dressing 7.99

K STEAMED CLAMS

One pound served with drawn butter 10.99

BUFFALO WINGS

(8) wings with celery and bleu cheese or ranch 11.99

BONELESS WINGS 11.99



Homemade Soups

SOUP OF THE DAY

Bowl 4.79 Cup 3.79 Quart to go 9.99

CHILI CON CARNE

Bowl 5.99 Cup 4.49 Quart to go 10.99

With cheddar cheese and onions add .50

BAKED FRENCH ONION 5.99

K SNAPPER SOUP (TURTLE)

Bowl 6.99 Cup 5.49 Quart to go 11.49

K OUR FAMOUS OYSTER STEW 8.99

Salad Platters

K GREEK SALAD

Feta cheese, Kalamata olives, tomatoes, onion, hard-boiled egg and mixed greens with our Greek dressing 9.99

With grilled chicken, grilled salmon, grilled steak strips or grilled shrimp Add 7.99

K GRILLED CHICKEN BERRY WALNUT SALAD BOWL

Mixed greens, strawberries, blueberries, tomatoes, onions, roasted walnuts, shaved Asiago cheese, hard-boiled egg and grilled chicken breast strips 13.99

CARIBBEAN CAJUN CHICKEN BREAST SALAD BOWL

With mixed greens, tomatoes, onions, fresh avocado, craisins, caramelized pecans and hard-boiled egg 13.99

CHEF SALAD

Fresh roast beef, turkey, ham, American and Swiss cheese, hard-boiled egg with fresh mixed greens, tomatoes, onions and choice of dressing 10.99

K CHICKEN STRIP SALAD BOWL

Grilled or crispy chicken served on mixed greens with hard-boiled egg, tomatoes, onions and choice of dressing 13.99

TUNA OR CHICKEN SALAD BOWL

With fresh fruit served on a bed of lettuce with hard-boiled egg, tomatoes and cottage cheese 10.99

LARGE GARDEN SALAD

Fresh greens with hard-boiled egg, tomatoes, onions and choice of dressing 8.99

K FRUIT SALAD

Assorted fruits served on a bed of greens with cottage cheese and rainbow sherbet 10.99

K CALIFORNIA CHICKEN COBB SALAD

Grilled or crispy fried chicken with mixed greens, tomatoes, onions, hard-boiled egg, bleu cheese crumbles, bacon and choice of dressing 14.99

FRESH BABY SPINACH SALAD BOWL

With bacon, hard-boiled egg, mushrooms, red onions, tomatoes, mandarin oranges, and hot bacon dressing 9.99

With grilled chicken, grilled salmon, grilled steak strips or grilled shrimp Add 7.99

CAESAR SALAD BOWL

With romaine lettuce, red onions, tomatoes, shredded Parmesan, Caesar salad dressing and croutons 9.99

With grilled chicken, grilled salmon, grilled steak strips or grilled shrimp Add 7.99

TACO SALAD BOWL

Grilled or crispy fried chicken breast strips or sautéed ground beef over mixed greens, tomatoes, onions, jalapeño peppers, black olives, cheddar cheese in a crispy tortilla shell with salsa and sour cream 13.99

FRESH STRAWBERRY SALAD

Mixed greens, strawberries, caramelized pecans, tomatoes, onions, craisins and Asiago cheese 12.99

With grilled chicken, grilled salmon, grilled steak strips or grilled shrimp Add 7.99

BUFFALO CHICKEN SALAD

Boneless chicken wings smothered in our buffalo sauce, bleu cheese crumbles, mixed greens, tomatoes with tortilla chips served with bleu cheese dressing 14.99



K HOUSE FAVORITES

Consuming raw or uncooked meats, poultry, shellfish or egg products may increase your risk of food borne illness.

Main Entrées

All entrées are served with choice of two vegetables and our freshly baked dinner rolls (unless otherwise stated).
"No substitutions please"

K OVEN-BAKED HAM LOAF (WENGER'S)

With pineapple raisin sauce or rich gravy 12.99

K HOMEMADE BAKED MEATLOAF

Served over filling with rich gravy 12.99

GRILLED COUNTRY SMOKED HAM STEAK

Served with pineapple raisin sauce or rich gravy 14.99

SMOKED PORK CHOP 14.99

CENTER THICK CUT BONELESS PORK CHOPS*

Grilled, charbroiled or deep fried 15.99

BREADED VEAL CUTLET

Topped with stewed tomatoes or rich gravy 14.99

WESTERN CHOPPED BEEF STEAK*

Topped with sautéed onions, peppers, Swiss cheese 14.99

CHOPPED BEEF STEAK*

Topped with sautéed onions, mushrooms and rich gravy 13.99

TENDER BEEF LIVER*

Topped with sautéed onions and rich gravy 12.99

TENDER ROAST BEEF

Over filling and topped with rich gravy 12.99

K 14 OZ RIBEYE STEAK*

Grilled, charbroiled or Montreal style (Mkt. Price)



VEGETABLE PLATTER

Four vegetables of your choice 9.99



Poultry

Served with choice of two vegetables unless otherwise noted

ROAST TURKEY

All white meat over filling and rich gravy 12.99

K GUS'S KEYSTONE BROASTED CHICKEN

Don't miss out on our specialty (4 pieces) 13.99

GOLDEN FRIED CHICKEN TENDERLOIN STRIPS 12.99

MARINATED CHICKEN BREAST

Grilled or charbroiled 12.99

K CHICKEN MARSALA

Sautéed chicken breast and mushrooms in Marsala wine sauce 16.99

TURKEY CROQUETTES

On mashed potatoes topped with rich gravy, with choice of one vegetable 10.99

K HOUSE GRILLED CHICKEN BREAST

Topped with grilled, diced tomatoes, onions, peppers, mushrooms and cheddar cheese 15.99

CHICKEN STIR FRY

Served over rice pilaf with choice of one vegetable 16.99

CHICKEN & BISCUITS

Pan-seared chicken breast over mashed potatoes, gravy and biscuits 15.99



Something Greek

K GREEK SALAD

Feta cheese, Kalamata olives, hard-boiled egg, and mixed greens with our Greek dressing 9.99
With grilled chicken, grilled salmon, grilled steak strips or grilled shrimp Add 7.99

GYRO PLATTER

Gyro slices served on lettuce, tomatoes, onions, tzatziki sauce, feta on pita bread.
Served with French fries 13.99

SPANAKOPITA

K The best spinach pie! Spinach, onions, dill, feta cheese in phyllo dough. Served with Greek salad 11.99

GYRO OR CHICKEN GYRO SANDWICH

Lettuce, tomatoes, onions, tzatziki sauce wrapped in pita bread 8.99



Pasta Entrées

Served with garden salad and garlic bread



K SPAGHETTI

With our homemade sauce 11.99
With meat sauce or meatballs 13.99

FETTUCCINE ALFREDO

Served with our homemade Alfredo sauce 14.99
With Chicken Add 7.99

EGGPLANT PARMESAN

Served with spaghetti and our homemade sauce 14.99

BREADED VEAL CUTLET PARMESAN

Served with spaghetti and our homemade sauce 16.99

K GRILLED OR FRIED CHICKEN BREAST PARMESAN

Served with spaghetti and our homemade sauce 16.99

K HOMEMADE BAKED LASAGNA

Just like Mom's 15.99

SHRIMP OR SCALLOP ALFREDO

Served over fettuccine with broccoli 21.99

K RUSTIC PENNE

Shrimp, grilled chicken, ham, penne pasta, onions, mushrooms, garlic cream sauce and rosemary baked in a casserole 19.99

CHICKEN PICCATA

Sautéed chicken breast in olive oil, capers, parsley and lemon, served with spaghetti, garlic bread and side salad 17.99



K HOUSE FAVORITES

Selections from the Sea

Served with choice of two vegetables and dinner roll unless otherwise stated

K ATLANTIC FILLET OF HADDOCK

Broiled or deep fried 17.99

FRESH FRIED OYSTERS

Four hand breaded 16.99

K CRAB CAKES

Our own golden fried or broiled 19.99

FRESH FILLET OF FLOUNDER

Broiled or deep fried 17.99

BAKED STUFFED FLOUNDER

With crabmeat 21.99

FRESH SUCCULENT DRY SEA SCALLOPS

Broiled or deep fried the sweetest you ever tasted 22.99

K HOMEMADE SALMON CAKES

Our own broiled or deep fried 19.99

FANTAIL SHRIMP

Broiled or deep fried 19.99

SHRIMP SCAMPI

Served over rice pilaf with one vegetable 21.99

K BROILED COMBINATION SEAFOOD PLATTER

Includes: Fillet of Haddock, Stuffed Shrimp with Lump Crabmeat, Sea Scallops, Seafood Au Gratin, Crab Cake and Salmon Cake 24.99

With 4oz. Lobster Tail (Mkt. Price)

K BAKED GREEK HADDOCK

Served in tomato sauce with onions, carrots, celery, mushrooms, garlic and olive oil. A unique flavor of the Greek isles. 18.99

SHRIMP & SCALLOP STIR FRY

Served over rice pilaf with one vegetable 20.99

BROILED STUFFED SEA SCALLOPS

Sea scallops stuffed with jumbo crabmeat imperial 22.99



SHRIMP BASKET

Served with French fries and coleslaw 13.99

FISH & CHIPS BASKET

Hand Breaded and served with French fries and coleslaw 17.99

BAKED STUFFED SHRIMP

Stuffed with jumbo lump crabmeat imperial 21.99

DEEP-FRIED SEAFOOD PLATTER

Crab Cake, Salmon Cake, (2) Scallops, (2) Shrimp, (1) Oyster and Haddock Fillet 22.99



The Best Burgers

100% 8oz Black Angus burger, Burgers served with potato chips and pickles
Add french fries 2.49. Add french fries and coleslaw 3.49

ANGUS BURGER 6.99

Add cheese 1.49

CALIFORNIA CHEESEBURGER

With lettuce, tomatoes, onions, and mayo 8.99

BACON CHEESEBURGER 8.99

MUSHROOM & SWISS BURGER 8.99

PATTY MELT

Angus burger on grilled marble rye with Swiss cheese, sautéed onions and Thousand Island dressing 8.99

BISTRO BURGER

With grilled onions, bacon and provolone 8.99

TEXAS BURGER

With grilled onions, peppers, mushrooms and cheddar cheese 8.99

TURKEY BURGER

With lettuce, tomato, onion and mayo 8.99

BACON BLEU BURGER

Topped with crisp bacon, crumbled bleu cheese, onion rings, lettuce, tomato and A1 steak sauce 9.99



Hot Sandwiches

Served on choice of white, wheat, deli marble rye, pumpernickel or sourdough breads.
Cheese 1.49 Lettuce, Tomato or Onion .75 French Fries 2.99

FRIED OYSTER SANDWICH

Two oysters on buttered bread with lettuce 9.99

GRILLED HOT DOG 3.99

GRILLED CHEESE

On choice of bread 5.49

With tomato 5.99 // With ham or bacon 7.49

GRILLED TUNA MELT

On grilled deli marble rye bread with Swiss cheese 8.49

GRILLED CHICKEN SALAD MELT

On grilled deli marble rye bread with Swiss cheese 8.49

K OPEN FACE GRILLED REUBEN

Corned beef, sauerkraut, Russian dressing and Swiss cheese on grilled deli marble rye bread 9.99

GRILLED CORNED BEEF

Warm corned beef and Swiss cheese on grilled deli marble rye bread with deli mustard 8.99

FISH SANDWICH (Haddock)

Grilled or fried with lettuce and tomato on a roll 10.99

K CRAB CAKE SANDWICH

Grilled or fried with lettuce and tomato on a roll 10.99

SALMON CAKE SANDWICH

Grilled or fried with lettuce and tomato on a roll 10.99

K HOT ROAST BEEF, HAM, MEATLOAF, HAMLOAF OR ROAST TURKEY SANDWICH

Served with real mashed potatoes or French fries and rich gravy 10.99

FRIED OR GRILLED CHICKEN BREAST SANDWICH

Topped with lettuce, tomatoes and mayonnaise on a roll 9.99

TEXAS CHICKEN SANDWICH

Grilled chicken breast topped with cheddar jack blend cheese. Served with BBQ sauce 9.99

TURKEY RACHEL SANDWICH

Turkey breast, cole slaw, melted Swiss cheese, and thousand island dressing on grilled rye 9.99

CHEESESTEAK SANDWICH

With sautéed onions and our homemade marinara 10.99

SOURDOUGH MELT

Fresh turkey breast, Swiss cheese and ranch dressing on grilled sourdough bread 9.99



Cold Sandwiches

Served with lettuce, mayonnaise, potato chips and pickles with choice of bread (white, whole wheat, deli marble rye, pumpernickel, sourdough). Add cheese 1.49 Add french fries 2.99.
Add French fries and coleslaw 3.99

TURKEY BREAST SANDWICH

Made with fresh roast turkey 7.99

HAM & SWISS SANDWICH 7.99

BLT 7.99

TUNA SALAD SANDWICH 7.99

CHICKEN SALAD SANDWICH 7.99

EGG SALAD SANDWICH 7.99

EGG & OLIVE SANDWICH 7.99

COLD ROAST BEEF 7.99

Club Sandwiches

Served with choice of cheese, bacon, lettuce, tomato, mayonnaise and potato chips with choice of toasted bread (white, whole wheat, deli marble rye, pumpernickel, sourdough)
Add French fries 2.99
Add French fries and coleslaw 3.99

TRIPLE DECKER TOASTED

Choice of: BLT, Chicken Salad, Tuna Salad or Egg Salad, Turkey, Ham or Roast Beef 10.99

SUPER CLUB

Thin sliced ham, roast beef, roast turkey, bacon and cheese 12.99



For the Smaller Appetite

Please advise your server when ordering. Platter includes rolls, butter, and choice of two vegetables

ROAST TURKEY

Served over filling with our rich gravy 10.99

GUS'S KEYSTONE 2 PC. BROASTED CHICKEN

White or dark meat 11.99

GRILLED CHICKEN BREAST 10.99

DEEP FRIED CHICKEN TENDERLOINS 10.99

SALMON CAKE (1)

Our own broiled or deep-fried salmon cake recipe 10.99

CRAB CAKE (1)

Our own broiled or deep-fried crab cake recipe 10.99

SHRIMP (3)

Broiled or deep-fried 12.99

ATLANTIC HADDOCK

Broiled or deep-fried 13.99

HAM STEAK

Grilled with pineapple raisin sauce
or rich gravy 9.99

PORK CHOP (thick cut)

Grilled, charbroiled or deep-fried 11.99

TENDER ROAST BEEF

Served over filling with our rich gravy 10.99

TENDER BEEF LIVER

Served with onions and rich gravy 10.99

HAMLOAF

With pineapple sauce or rich gravy 10.99

MEATLOAF

Served over filling with rich gravy 10.99

SPAGHETTI

Served with garden salad and garlic bread with our
homemade sauce 10.99 // With meat sauce or meatball 11.99



Children's Menu

(10 years and under) With Choice of Drink.

CHICKEN STRIPS WITH FRIES 6.99

TURKEY WITH FILLING, GRAVY & MASHED POTATOES 7.99

FRIED FILLET OF FISH WITH FRIES 8.99

GRILLED CHEESE WITH FRIES 4.49

HOT DOG WITH FRIES 3.99

CHEESEBURGER WITH FRIES 6.99

SPAGHETTI WITH SAUCE 6.99

MACARONI & CHEESE 6.99

Vegetable Sides

All side vegetables 3.99 each

BAKED YAM
SWEET POTATO FRIES
FRIED EGGPLANT
REAL MASHED POTATOES
TOSSED SALAD
FILLING WITH GRAVY
STEWED TOMATOES
APPLESAUCE
CHOW CHOW
COLESLAW
GREEN BEANS
STEAK FRIES

CURLY SEASONED FRIES
COTTAGE CHEESE
CORN
BROCCOLI CAULIFLOWER SALAD
ONION RINGS
FRENCH FRIES
CUCUMBER SALAD
RICE PILAF
BAKED POTATO (After 4PM)
RED BEET SALAD
CORN FRITTERS
VEGETABLE OF THE DAY



Breakfast

**TWO LARGE EGGS,
HOME FRIES & TOAST** 6.99

FRENCH TOAST OR PANCAKES
(3 pieces) 7.99

**CREAMED CHIPPED BEEF
OR SAUSAGE GRAVY**
Served over toast or biscuit with home fries 9.99

GYRO MIX
Gyro meat mixed in home fries, eggs, onions,
mushrooms topped with feta cheese.
Served with toast and tzatziki sauce 11.99

GREEK OMELET
Feta cheese, onions & tomatoes.
Served with home fries and toast 10.99

WESTERN OMELET
With Cheese, home fries and toast 10.99

HAM & CHEESE OMELET
With home fries and toast 10.99

BACON & CHEESE OMELET
With home fries and toast 10.99

MEXICAN OMELET
With Chariso sausage, onions, peppers, mushrooms,
tomatoes and cheese blend. 10.99



CHEESE OMELET
With home fries and toast 9.99

MUSHROOMS & CHEESE OMELET
With home fries and toast 10.99

MEAT LOVERS OMELET
With bacon, ham, sausage, pork roll and cheese.
Served with home fries and toast 11.99

EGG WHITE OMELET
With broccoli, spinach, onions, peppers, mushrooms,
tomatoes, Swiss cheese with whole wheat toast
served with fresh fruit 11.99

SIDE OF MEAT
Pork roll, bacon, Canadian bacon, sausage,
ham, scrapple or apple sausage 5.99



Beverages

Free refills except milk, milkshakes,
hot chocolate, cappuccino or juices

FRESHLY BREWED COFFEE
Regular and decaf 2.35

SOFT DRINKS
Pepsi, Diet Pepsi, Mountain Dew, Dr. Pepper,
Sierra Mist, Root Beer 2.99

**FRESHLY-BREWED ICED TEA
OR RASPBERRY TEA**
Sweetened or unsweetened 2.99

LEMONADE 2.99

HOT TEA
Regular, decaf or herbal teas 2.35

MILK & CHOCOLATE MILK
Large 2.69

HOT CHOCOLATE
With whipped cream 3.29

MILKSHAKES
Vanilla, Chocolate or Strawberry 6.99

FRUIT JUICE
Large 3.69
Orange, Ruby Red Grapefruit, Cranberry,
Pineapple, Grape, Tomato, Apple, V-8

CAPPUCCINO
French Vanilla Whipped Cream 4.49